

Chesters to Green Carts: Monday 22 October 2007

| | grid | day | trail | time |
|--------------------|---------------|------------|------------|--------------|
| Chesters | 911704 | 0.0 | 0.0 | 16.40 |
| Tower Tye | 891711 | 1.8 | 1.8 | 17.17 |
| Green Carts | 885717 | 2.4 | | 17.32 |

Green Carts to Saughy Rigg: Tuesday 23 October 2007

| | grid | day | trail | time |
|---------------------------|---------------|-------------|-------------|--------------------|
| Green Carts | 885717 | 0.0 | | 10.00 |
| Black Carts Turret | 883713 | 0.5 | 2.3 | 10.14 |
| Brocolitia | 860711 | 2.2 | 4.0 | 10.50/11.00 |
| Shield on the Wall MC | 831707 | 4.2 | 6.0 | 11.47 |
| Sewingshields Crag | 800700 | 6.1 | 7.9 | 12.38/13.03 |
| Housesteads Fort | 790688 | 7.3 | 9.1 | 13.33/14.58 |
| Crag Lough | 770680 | 8.7 | 10.5 | 15.48 |
| Steel Rigg | 750676 | 10.1 | 11.9 | 16.38 |
| Saughy Rigg | 739684 | 11.1 | | 17.00 |

Tower Tye to Black Carts Turret, 0.5 miles, not walked

Saughy Rigg to Birdoswald: Wednesday 24 October 2007

| | grid | day | trail | time |
|-----------------------------------|---------------|-------------|-------------|--------------------|
| Steel Rigg | 750676 | 0.0 | 11.9 | 09.42 |
| Winshields Crag | 741675 | 0.5 | 12.4 | 09.57/10.06 |
| Caw Gap | 725668 | 1.7 | 13.6 | 10.35 |
| Great Chesters Fort | 704668 | 3.2 | 15.1 | 11.27/11.45 |
| Roman Army Museum * | 668660 | 6.1 | 18.0 | 13.08/14.54 |
| Gilsland (Crooks) | 636663 | 8.3 | 20.2 | 15.48 |
| Birdoswald Fort | 615663 | 10.0 | 21.9 | 16.34/16.45 |
| Gilsland (Brookside Villa) | 628666 | 11.1 | | 17.12 |

** Museum off path at grid 666657; grid, distances and timings at Vindolanda*